

THE HAUNTINGS OF HALLWAYS AND HOSTELS

by Syeda Aiman Zehra & Maira Asaad

On occasion, past the barrier to the female hostels, a delicate slip between worlds occurs.

Near the hour of Fajr, on the 16th of October, 2019, an early winter breeze swept across campus.

Zainab Hameed '20 was nearing the barrier on her way back to F-5 when she noticed something unusual. The guard on night duty was nowhere in sight.

Her attention skipped ahead when she saw a girl sitting on the bench beneath a tree. "[She had] longish, straight hair covering her face and she was just rocking back and forth, huddled up," she said later.

Not wanting to get involved, Hameed returned to her dorm room. She told a friend about the incident, and he immediately called the security office, informing them that the guard was not at his post. The security office contacted the guard via wireless.

"He responded: But I'm sitting right here," Hameed said.

Moments earlier, Zoha Shoab '22 was walking back to the dormitories with her friends when she noticed the girl clad in white sitting on the same bench. There was something amiss about her.

"She was staring directly at us, with her head tilted, as if she could see right through us," Shoab said. Spooked, the girls ran to F-3 where Shoab's friends lived.

From there, she crossed the F-3 lawn alone to reach her hostel, F-4.

Shoab saw the girl again, this time sitting beneath a tree, facing the pond, as if offering prayer. There was no one else around.

She walked past the girl quickly.

"When I looked back, she was staring at me."

Around the same time last year, when the winds were neither too cold, nor too warm, Sara Zafar '22 had an eerily similar encounter with the girl in white.

As she neared the tree on her way back to F-5, her eyes focused on "a girl, knee length hair, hanging from that tree," her face obscured by her hair.

Her heart began to race. Her mind screamed "run!" but her shaky legs did not let her. She walked by in quick strides, thinking that her mind was playing tricks on her.

"But when I looked back, she was still there," she said. "Her feet were still dangling in the air."

But beyond the girl in white, many other incidents haunt the residents of the hostels.

Plaguing the female hostels' hallways are an assortment of sounds: disembodied whisperings, footsteps in the dead of the night, rattling door

"THERE'S A FIRE IN _____!"



by Syeda Aiman Zehra & Maira Asaad

illustration by Emil Hasnain

At 12.16 am on 14th September, Shiza Kamil '22 found herself racing across campus towards the security office. Behind her, an orange glow burned in a window on the third floor of Henna-Amina Hall (F-3).

At the same time, inside F-3, Shiza Akhtar '22 puzzled over the WhatsApp message that had just popped up on her phone: "GUYS, FIRE IN F-3." She looked up to see blank faces surrounding her in the common room and decided to put her phone aside. Just then, a few girls rushed in.

"There's a fire in Room 415," one of them screamed. It took Akhtar a moment to realize that the girl was talking about her room.

Akhtar handed her phone to a stranger and unlocked the door to her room. The curtain had gone up in flames. A mass of black smoke forced its way out into the corridor.

"I quickly took a mental inventory to see what I had to save and I grabbed my book, American Gods," she told The Post.

Meanwhile, panic ensued. Incoherent screams permeated the walls of F-3. Several girls filed outside, some

running towards the commotion, some fleeing away from it. Others stayed back and initiated an evacuation process. One of the students, Rojeh Sheikh '22, attempted to use the fire extinguisher and immediately, 415 was filled with an ashy-white smoke.

"The visibility went to zero. There was no telling whether the fire had been put out," she said.

Members of the student council, along with men from the LUMS security quickly arrived at the scene, took charge and eventually put out the fire. Outside, Akhtar was reaching her breaking point. "I was so panicked. My roommate was off campus and I didn't know what to do. I was looking around for my phone like a crazy person."

Colonel Amer Khan, Head of General Administration Services at LUMS, went inside the building briefly, came out and said to the large gathering of girls: "Don't smoke. Don't smoke. Don't smoke."

Heads turned towards Akhtar. Rumors formed around her and her roommate, Areeba Fatima '22, who wasn't on campus at the time.

At the time, the absence of any official statement regarding the cause of the

fire caused speculations to arise. Many were quick to attribute the cause of the fire to a box of cigarettes found at the scene.

Colonel Amer told The Post: "I wasn't there when it happened. The girls (that lived in 415) weren't there when it happened. This makes it hard to determine what the cause was." He added that, when he reached 415, he tried to make sense of what he saw. "You imagine, what would you think when you arrived at the scene and saw that a fire had broken out and cigarette butts were lying around? Your mind would make assumptions wouldn't it?" However, he clarified that students shouldn't be spreading rumors about the girls involved in the F3 incident. "We're not pointing fingers."

Akhtar was relocated back to F-3. She took stock of the changes: a half-curtain (the part that survived the fire) hung from the railing, a patch of black marked the floor, and the bed and fairy lights were covered in ash-white. The section of the wall below the window had been repainted.

In response to why the electrical sockets had not been replaced, Colonel Amer told The Post that there was no need, as there was no damage done in that area.

The evacuation process on the night of 14th September in F-3 was instigated by the students themselves. One of them, Hania Khan '22, was acting from experience.

Last year, around 2.30 p.m. on December 8th, 2018, Khan was in the kitchen in Ali Family Hall (F-5) when she picked up the smell of burning plastic. A moment later, she saw smoke gather in the corridor of her wing.

She opened the door to her room, 505, and saw her roommate sleeping, oblivious to the fire burning from the socket above her head.

"I didn't panic. My roommate didn't panic. I put out the fire myself. The extinguishers were a little stuck, but I do know fire protocol and was able to do it myself," she explained.

"After emailing the Resident's Office, they sent three members from the Resident's Office, along with an external electrician and a security guard. Initially, the electrician tried to blame the fire on my extension wire." Khan was quick to clarify that she had been following the hostel's stipulated guidelines for the usage of electrical equipment.

URBAN PLANNING INSTRUCTOR GETS ARRESTED BY NAB

by Staff Reporter

Since September '19, SDSB "Urban Planning" instructor, Suleman Ghani, has been held in custody over the Chiniot mines case by the National Accountability Bureau.

For over a year, the NAB has been involved in an ongoing anti-corruption trail on civil servants. From one of the many brought to light was Ghani. As a member of the Punjab Mineral Development, the 70-year-old retired bureaucrat was accused of being unable to raise any questions on the decision of the joint venture of iron ore deposits in Chiniot. According to The News, this development favoured a company, owned by a previous suspect, Arshad Waheed.

Ghani's defense to this was shared by The News:

"I (Suleman Ghani) was ex-official member of the Board and I did not attend this meeting in my personal capacity. The Planning and Development Board was represented by the official concerned and the matter was handled at that level. At no stage was the case put up to me."

As per national newspapers, Ghani has been said to own a 10-kanal, and a 20-kanal plot, and an under-construction house on 30-kanal. The NAB is carrying out an investigation to determine how he owns assets beyond his sources of income.

The LUMS university has responded immediately by replacing Ghani with another professor.

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THE HAUNTINGS OF HALLWAYS AND HOSTELS

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knobs, appliances with a mind of their own, and religious invocations.

As September drew to a close, Mehvish Munir '23 switched her place of prayer from the F-2 common room to her own room, a triple occupancy in 302.

That night, the first of the incidents happened.

"I was sleeping very peacefully, when someone whispered something weird in my ear really loudly...it was [spoken in] Arabic, in a masculine voice." But when Munir woke and looked around, she was alone in the room.

From then on, a series of unusual events would follow whenever the girls prayed in their room: once during maghrib prayers, the girls' experienced a violent banging on their door only to find the hallway empty when they opened it; in another instance, a lizard darted erratically around the room from bed to bed; a mysterious slipper once wound its way to 302, and Munir's belongings would often disappear from the safety of her locked room, while her roommates were out of town.

Last year, Bushra Shahid '19 became another victim of these events. She unlocked the door to her room in F-4 one day, only to find black lines dripping down both mirrors in the room. Her brand new eyeliner lay broken under her roommate's desk.

Three floors above Shahid, in 502, Maryam Khalid Shah '18 and her roommate were having some trouble with their kitchen appliances. A few feet away, their electric kettle began bubbling.

"It switched on by itself, and the water started to boil – it was neither in my reach nor my roommate's, and the button wasn't so flimsy that it'd just switch on by itself. We thought maybe someone just wants to have chai."

On the other side of campus, a churail resides in the imaginations of the M-5 residents. Safwan Ashraf Paredesi '21 told The Post about a story he'd heard circulating among the residents of M-5, about one of the students on the top floor who'd woken up in the middle of the night to use the washroom.

"When he came out, he saw a shadow. He walked on, but when he turned back, there was a woman standing there, one we all call churail."

The hallways of these hostels are often host to an assembly of flickering lights, so much so that students have become attuned to them. But, when Paredesi's friend attempted to capture it on camera, "the flickering would stop."

Sometimes, the strange lights and noises are not that strange at all. Sometimes, the footsteps echoing in the distance belong to the night warden on her rounds. Sometimes, the rufflings behind closed doors are the aya bajis cleaning out the dustbins.

But, sometimes, those unexpected knocks might just be the girl in white coming to haunt her next victim.

"THERE'S A FIRE IN _____!"

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It was concluded that the cause of the incident was a short circuit, but the news wasn't commented on by the university officials. Khan said, "Except for Colonel Amer sending out an email of what to do in the event of a fire, the warden, security office or the resident's office did not send out any specific warning or a notice that there had been a fire. So no one knew, because I didn't post about it, either."

On the recent fires, she said, "There was a lot of panic during the fire at F-3. The administration should ensure that there are students or people on each floor who are aware of emergency protocols in case of situations like these."

Regarding these concerns, Colonel Amer told The Post that there are plans to install an alarm system in the future as part of the preventative measures being taken against fire

outbreaks.

Along with the student hostels, the Khoka also recently caught fire. It occurred on the morning of 6th October, around 5.30 a.m. When Ijaz Hussain, the owner of the store, arrived at LUMS two hours later, he found a good portion of his store and recent stock burnt and defunct, including refrigerators, and tea/coffee machines.

"There were cartons of chips, plastic bottles - when these things catch fire, the flames can't be quelled. The CCTVs in the store had been burned but I was able to see a video of the fire on the DVR, which showed us that the fire started from where the cartons were placed next to the fridge," Hussain told The Post.

Ijaz Hussain has been working at the khoka store for 23 years.

"I was here when the only other food place on campus was the Pepsi Dining Center," he said, not losing his trail of thought during his interview with The Post when handing out change to his customers.

During his time working at the Khoka, there have been three incidents of fire.

"The first fire occurred somewhere back in 2006-2008. It happened during Ramadan, around sehri, when the store was locked up. That fire was just as bad as this one."

The second instance took place around 2016-2017. "I was sitting here (behind the payment counter) and a small fire started right in front of me, because of a short circuit. We were able to douse it out with water immediately."

When asked about the repeated occurrence of these fires, he said: "There are so many machines in the store, and they're working 24/7. There's a constant load on the electrical system. It's a huge risk for us every time we have to close down the store and leave it unattended. But majboori hoti hai. We try to provide the students with the best that we can."

The reparations to the khoka were done on an urgent basis in three days, and were financed by Hussain himself. He estimated anywhere between 11-15 lakhs that he would have to spend to make up for his losses.

"We only just renovated the khoka over the summer. Aakhir mein hamara hee nuqsan tha."

Colonel Amer, regarding the fire at Khoka, told The Post that the cause was due to the use of wires with worn out insulation. For this reason, he plans on doing routinely checks to ensure an avoidance of this happening again.

According to Colonel Amer, there is one theme that connects and explains all of these occurrences: negligence.

"This negligence could be from our end, your end or someone else's end," he told The Post, followed by an account of another fire breaking out in a dustbin in SDSB recently. "Someone threw a cigarette butt in it without putting it out properly. The trash can caught fire an entire hour after the cigarette butt was thrown in. The person [who threw it] wasn't present at the scene by then, but the fire had still slowly erupted from that one cigarette butt."

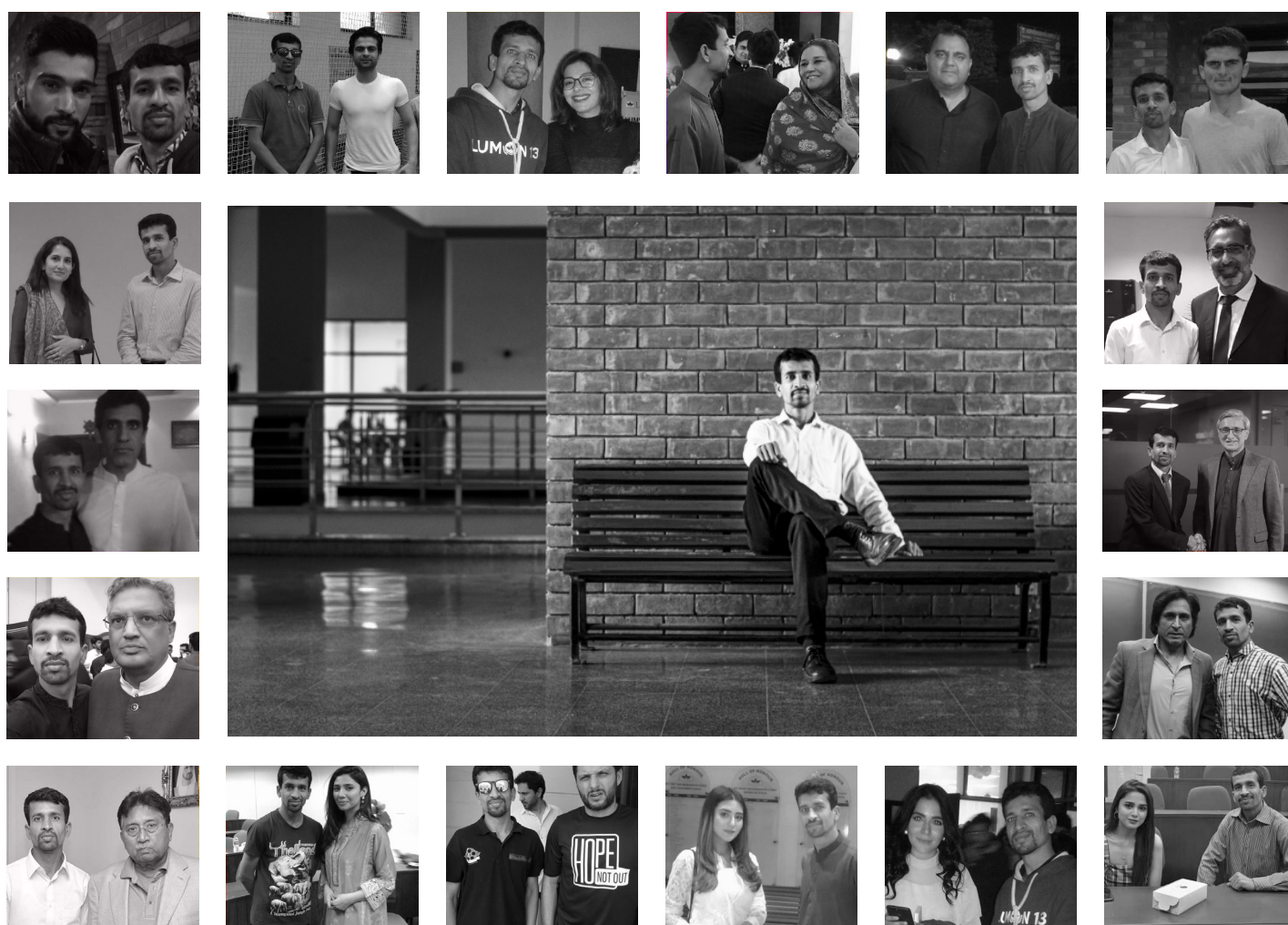
He talked about the preventative measures that are being taken to avoid incidents like this in the future. On October 6, he sent out an email to the student body detailing firefighting instructions.

On October 17, experts from 1122 were called in to give hands on training to the response team at LUMS. The aim, according to Colonel Amer, is to initiate the training process from the immediate people in charge only after which, hostel-to-hostel training sessions can be conducted.

"My biggest concern right now is to make sure this doesn't happen again."

LIAQAT ALI: EVERYONE'S FRIEND

HOW A CLASSROOM STAFFER CHARMS HIS WAY TO PAKISTAN'S MOST FAMOUS PERSONALITIES



by Maira Asaad

Liaqat Ali has been working as part of the classroom staff at LUMS for the past three and a half years. These days, you will often catch him in the SAHSOL building. He shows up for our meeting, wearing his warmest, interview-ready smile.

Early into the conversation, he shares that he's getting married in another two months. While most people will be the recipients of congratulations and well wishes, Liaqat Ali has the added benefit of being asked, in good spirits, which celebrities he's going to be inviting to the wedding. This isn't odd, given the fact that when you open his Facebook profile, a picture of him and Shahid Afridi is the first thing one sees. This picture is only one from the collection that he has with Pakistan politicians, cricketers and celebrities - in fact, Liaqat Ali says that his social media is so carefully curated that he "makes sure to post a picture with a different person each time, and tries to avoid posting pictures of himself alone."

It all began when a friend of his brought him to a post-PSL match dinner that was being held for police officials, and he uploaded a picture with three District Police Officers'.

"I come from Jhang, and there, it's not common or easy for someone like me to get a picture with a DPO. Comments flooded in on my post, and people were asking how I had managed to meet with them. That encounter gave me a lot of confidence, and I formed the idea that this was a way for me to move forward in life." For him, moving forward in life meant moving to the city.

"It was difficult getting a job back

in Jhang. Here, in the city, I feel like I can be successful in whatever endeavors I undertake."

After his arrival in Lahore, he began actively seeking out ways to make connections to reach the people he wants to. LUMS was one such place for him, full of opportunities, and he relates that he's "always on the look out for guest speakers (pictured below) arriving in LUMS on the days he's on duty".

Some of his meetings are planned as far back as six months. This was the case when he wanted to meet Hina Pervez Butt, a LUMS alumni and Pakistani politician. Liaqat happened to know her manager, and although he knew she was a busy person, he visited her boutique frequently over the course of several months, in the hopes of meeting her — until he finally did.

But of all his encounters, he says his favourites have been with Shahid Afridi, General Pervez Musharraf, and Fawad Chaudhry.

"Last year, I went to Dubai for a week. I roamed the city, saw the sea, but I wasn't enjoying myself. Then, one day, I received a call from an acquaintance of mine, who was a member of Musharraf's All Pakistan Muslim League, asking me if I'd like to meet General Pervez Musharraf. I couldn't believe my luck. When I went to meet Musharraf, he greeted me like we were old friends — such a big leader was giving me so much respect. Good leaders will give respect to ordinary citizens like me."

When talking about how he encountered Shahid Afridi, he

explains how he was able to get in touch with his manager, and learnt the address of Afridi's residence in Lahore, after which he 'worked' on the manager until he was able to get a meeting with Afridi.

Liaqat doesn't reveal who his mysterious, well-placed friends are, but they seem to be everywhere. It makes one wonder whether he has any close friends at all. To this, he says:

"Those who know me through my Facebook profile think I'm rich, but those who know me are aware of how I really live. When I start my YouTube channel, I'm going to record my videos and go around on a bike. I want to ask Hina Rabbani Khar, and other politicians like her, who live in such expensive homes, whether they've ever dined with the poor people they want to represent."

On the other hand, though, it's not surprising that on some level, Liaqat aspires to be like the high-profile figures he meets — when we speak for a third time, he expresses his excitement at being written about, and says, "Mine is a story that people in LUMS might find interesting. I'm counting the days till people get to read about me [in reference to this profile]."

He says that the success of celebrities and politicians alike inspires his own ideas of success: he wants to own his own house someday, and to save up enough money to buy his first car — a white Suzuki Cultus.

"These people have done something right to be where they're at. I've noticed that people in Lahore around

me don't give celebrities the respect and stature they deserve — but I do." He says this matter-of-factly, but there is nothing condescending about his tone. He goes on to add:

"There are more educated people than me, but not all of them possess the confidence to talk to celebrities the way I have learnt to." There's a constant awareness of the kind of criticism he receives on his profile, but he balances that with his ability to take pride in his own confidence. It is this, in part, that already makes him the YouTube influencer that he wants to be (he's currently planning the launch of his YouTube channel. Prospective names include Aaj ka Naashta, kisi celebrity ke ghar).

He admits that he'd never imagined that this was the turn his life would take, and that back in his days at Government Degree College, Jhang, he'd never thought he'd end up finding work outside of the city. He speaks of his parents, in their old age and retired now, and his voice grows softer when he reflects on the difference in the lives that they lived and the one he is living — his mother doesn't even know most of the people he's pictured with, he says without any of his earlier animation.

He lapses into a momentary silence, fiddling with his thumbs, before moving on to say, that even though he dreams of being as successful as the celebrities he meets, he also wants to show everyone that he's an ordinary Pakistani citizen.

"I'm closer than ever to my manzil," he says. "Lekin saath mein, I want to show the world that I am ordinary."

AFTER SABEEN:
RECALLING A LIFE
OF RESISTANCE

by Amina Omar

“Someone’s got to do it,” were the words of Sabeen Mahmud as she led the discussion ‘Unsilencing Balochistan’ alongside renowned Baloch activists in April 2015.

She committed herself to the cause despite warnings against public involvement with the Balochistan movement, and other social causes. Sabeen eventually paid for her defiance with her life. On her way home from the conference on 24 April, she and her mother, Mahenaz Mahmud, were shot by unnamed gunmen. Mahenaz survived, but Sabeen did not and yet her legacy as a social activist lives on.

Four years later, a documentary recording her life and memory was screened at LUMS. Dr. Nida Kirmani, a professor of Sociology at LUMS, confirmed that that the fated event was to be held on campus initially but was cancelled, and held in Karachi instead. LUMS has since honoured its connection with Sabeen through numerous remembrances held in her memory. If the film and Sabeen’s life can be summed in a few words, they would be “resilience in the face of adversity,” as provided by Mahenaz. Her bravery was such an intrinsic part of her identity that it lives on in those who survive her. A maintenance worker at T2F (the café and public space founded by Sabeen for the promotion of political and artistic discourse) claimed that Sabeen had taught him “the meaning of life.” He stayed on after her death despite attempts by his family to persuade him to seek a safer workplace. Sabeen’s friends have continued running T2F after her passing in recognition of its significance to the sociopolitical landscape of Karachi.

The film, ‘After Sabeen,’ is an attempt by Iranian filmmaker, Schokofeh Kamiz to paint the memory of Sabeen and the gaping hole that her death left behind. When asked why she chose to pursue the film, Kamiz stated that she had been “drawn in by her [Sabeen’s] strength.

“She [Sabeen] was something different to everyone...I keep learning about her,” said Mahenaz Mahmud, soaking in the different ways in which her daughter had changed the lives of others. Mahenaz herself took on somewhat of a revolutionary position after her daughter’s passing. In offering advice to a panel member, she embraced her role in shaping and nurturing her daughter’s resilient and daring nature. “I know what it was like to grow up fearing the world because of how I was raised, and I didn’t want to put her through the same,” offered Mahenaz.

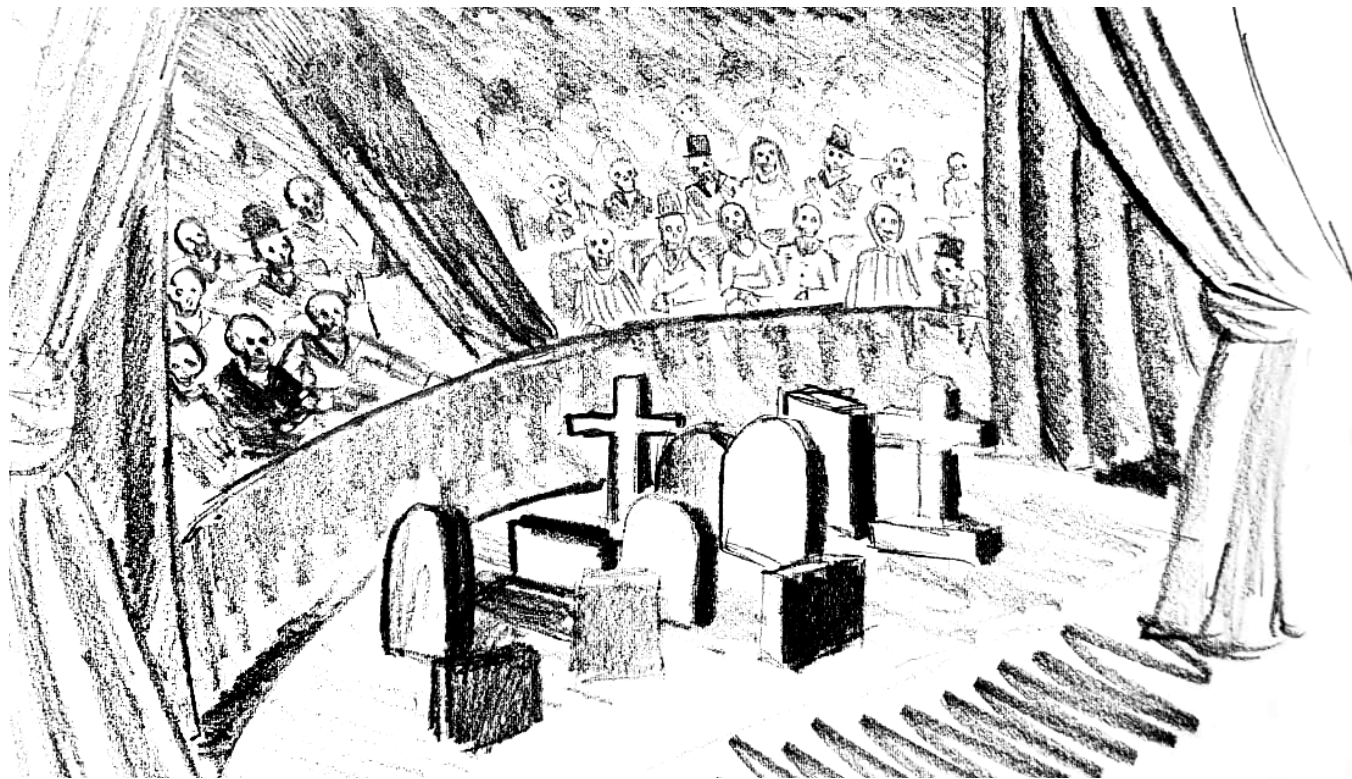
When approached for a comment after the session about the role that youth can play in furthering Sabeen’s spirit, her words implored everyone to “find the strength within. You have to drown out the voices that hold you back,” she said, “We all have that strength, all of us do,” she promised, insisting that her and Sabeen’s exemplary courage was not unmatched.

Dr. Kirmani confirmed that the film has also been shown in Berlin with potential screenings to follow in Nepal and Canada.



photo by Tonjite Thilesen

PLAY, PLAGUE, AND PUBLIC HATE:
ON FAWAD KHAN’S “LIGHT’S OUT”



by Hammad Bilal

‘Lights Out’ is a lyric piece written by Manjula Padmanabhan, and directed by Fawad Khan into a comic-ironic exposition of the clash between absurdity and reality. In the play, a married couple tries to physically stage the misgivings, isolation, fetishes, and criminal thoughts lurking in the perceived normalcy of the middle class. It is jolting in its familiarity.

‘Lights Out’ revolves around a couple which, while entertaining guests in their apartment, is witness to a crime taking place outside their household.

Wife Laila (played by Kiran Siddiqui), and husband Rahat (played by Ghazi) go berserk as the virtuous and obedient wife screams at her husband to call the authorities to deal with the scenes of brutality playing off-stage. Rahat and Laila’s frenzied exchange over the decision to call the police, escalates the conflict to the point of frustration.

Other characters complete the cast:

Danish (played by Farhan Alam) parries with Rahat in rationalizing their nonchalance to the situation, both looking for normalcy in a chaotic situation; Sikander, the Anti-hero, plans to stomp out these criminal lechers from society; Trophy Wife/Dandy (Naina, played by Kulsoom Aftab) becomes the sanest voice in the play while Farida (played by Laila Samhan) maintains a continuing oppressive silence throughout the various scenarios, playing the audience.

The respectably middle-class faculties of the characters are used to rationalize the acts taking place around them, while their equally carnal, almost eroticized response to the violence they witness threatens to remove any pretensions of respectability. The on-stage spectators of this crime, snatching sinful pleasure from the dying or even the dead, seem to point their figures at the spectators in the audience.

As Saleema Hashmi conveyed to Khan afterward: “Your play reminded me, from experience,

of the public lynchings in Zia’s regime.”

Fawad’s vocalization of the screams symbolizing the violence inflicted on the unknown victim, intersecting with indoor middle-class conversation, played up the unpredictability of the drama. Combined with hollow drum sounds and the clatter of china on the table, they also drew parallels between the rituals of daily life and of the violence that surrounds us.

The acting displayed by the cast initiated us into a new language, one based not on words but on signs emerging through a maze of gestures, postures, airborne cries, filling the entire Auditorium. The cast tested the discomfiture of the audience with their acting. In jerky gestures, angular postures, and syncopating inflections, their characters attuned themselves perfectly to the violence that had suddenly invaded their home.

One felt the effects of this new language on the spectators as many of them exited the Auditorium as if

avoiding the plague on their senses. As Alina Javed ’22 would later state: “The screaming was triggering. Lekin reality hi dikhayi thi and this happens everywhere, I don’t think the subject matter is at fault.”

It is remarkable that, for many, the realism of the acting made the absurd plot plausible; the characters first appeared as caricatures, before being epitomized into something recognizable to them — themselves.

For Mubashir Shakeel ’20, who left before the end of the play, this familiarization with the subject matter meant he had predicted the ending, the falsity of which came as a surprise to him. “I wasn’t expecting the ending,” he said, “It really crept under my skin, and that doesn’t usually happen.”

Whichever way one felt about it, one was lastingly modified by the play. Its subject matter was able to spread deliriously like the plague of medieval times, localizing itself somewhere beneath the skin: real, inevitable, yet innocuous.

EASTERN
MUSIC
CLASSES AT
SSE

by Hammad Bilal



Started by a group of three students — Sagheer Muhammad ’19, Usama Mustafa ’19, Abdullah Mashhood ’16 — the Folk Music series is devoted to training students for Rubab, Bansuri, and Eastern Vocals. A first of its kind, it converges on reviving and instilling the lost elements of eastern music among the members of the LUMS community.

Muhammad, who hails from Gilgit, experienced the dual symphony of music and teaching throughout his career. “It was a dream of mine to study with Niaz Hunzai, a prominent musician, and after receiving his tutelage, I was committed to passing it on,” says Muhammad. “The music of language is so complex and fulfilling. The best way to live it, for me, would be to practice it, and to practice it would be to pass it on.”

Along with Muhammad is Usama Mustafa ’19, a Management Major. Affiliated with and working for the Gurmani Center at LUMS, he is acquainted with the study of music in academic settings as well as the feeble opportunities available to practice it, particularly in Mustafa’s case.

“I was mostly self-taught,” says Mustafa, who managed his studies alongside his passion, “but I was lucky enough to find a group of friends like Sagheer and Mashhood, outside of my regular classes, before joining the nascent amateur scene.”

To complete the Folk Music Project, Mashhood ’16, a co-member of Soz, teaches the Bansuri. Soz is the band he plays in alongside Muhammad and Mustafa. The community of harmonious presences that are enrolled in their classes round off this collaborative experience in the musicality of learning.

This sentiment is echoed by Waqas Manzoor, a second-year M.Phil student at the School of Education (SOE) and Host of the troupe, Khokha Natak, who credits his education to the performing arts: “As a complete experience in living and being, theater and music evolve you as a person, to observe for material you can use, to look for notes in the lilt of a breeze, to educate you in empathy, observation, and introspection.”

The Folk classes take place every weekend at 6:00, SSE.

EDITORIAL

I know that hardly anyone cared about the campus paper. Late publishing and less-thought out content rarely caught the sincere attention of most of the students, instructors, and administrators alike.

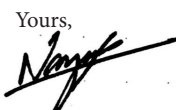
As the Editor-in-Chief of The LUMS Post this year, my team and I will change that for you. I want this paper to cover stories which concern us deeply. Things which affect us both negatively and positively; inclusivity on campus, administrative policies, narratives of harassment on campus and student-admin relations are just some to mention.

My Editorial Board of the LUMS Daily Student has been working extremely hard since the past few months in order to produce a new newspaper (The LUMS Post) which aims to create an empathetic understanding of campus communities and give a voice to all. My writers and I want to do in-depth, independent, and fair reporting, in attempt to create powerful stories which would

engage our readers, seek thoughtful responses, and inspire dialogue and action. These values are also ingrained in our ethical guidelines, adapted from The Society of Professional Journalists (SPJ) code of ethics, along with the Associated Collegiate Press (ACP) Model Code of Ethics for Collegiate Journalists.

Here, it is important for you and I to acknowledge that the campus direly needs an honest, sensitive and unbiased voice which will showcase concerns of not only the students but also the faculty, administration and staff workers on campus.

The LUMS Post wants to be the paper which we all care about. I sincerely hope it achieves that.

Yours,

Nayyab Naveed
Editor-in-Chief
The LUMS Post

LUMS’S STARTUP DEVELOPS
HOLOGRAM ADVERTISEMENTS

by Anas Bilal

I know that hardly anyone cared about the campus paper. Late publishing and less-thought out content rarely caught the sincere attention of most of the students, instructors, and administrators alike.

As the Editor-in-Chief of The LUMS Post this year, my team and I will change that for you. I want this paper to cover stories which concern us deeply. Things which affect us both negatively and positively; inclusivity on campus, administrative policies, narratives of harassment on campus and student-admin relations are just some to mention.

My Editorial Board of the LUMS Daily Student has been working extremely hard since the past few months in order to produce a new newspaper (The LUMS Post) which aims to create an empathetic understanding of campus communities and give a voice to all. My writers and I want to do in-depth, independent, and fair reporting, in attempt to create powerful stories which would engage our readers, seek thoughtful responses, and inspire dialogue and action. These values

are also ingrained in our ethical guidelines, adapted from The Society of Professional Journalists (SPJ) code of ethics, along with the Associated Collegiate Press (ACP) Model Code of Ethics for Collegiate Journalists.

Here, it is important for you and I to acknowledge that the campus direly needs an honest, sensitive and unbiased voice which will showcase concerns of not only the students but also the faculty, administration and staff workers on campus.

The LUMS Post wants to be the paper which we all care about. I sincerely hope it achieves that.

Yours,
Nayyab Naveed
Editor-in-Chief
The LUMS Post

Readers’ Editor

In keeping with the internationally recognised practice of journalism, The Post has its own internal ombudsman - The Post Reader. The idea is to attend to our readers’ complaints and respond to them professionally. PRE is the investigative authority, to which all complaints are referred, and it is PRE who takes notice of any alleged violations of Post’s code of ethics

email
postreaderseditor@outlook.com

THE LUMS POST SPORTS

THE LUMS POST

THURSDAY, OCTOBER 31TH, 2019

ICC ACCREDITS LUMS LAB TO TEST ILLEGAL BOWLING

by Hira Anwar

After several years of experimentation, the bowling testing centre, built in the biomechanics lab, is now successfully able to test cricketers suspected for illegal bowling actions. This, in turn, allowed it to secure accreditation from the International Cricket Council in June, 2019.

A number of people were needed to make this venture possible. The LUMS team, led by Muhammad Awais, comprised of a few research assistants, including Karar Khalid and presently, Fahad Akhtar. From the

Pakistan Cricket Board, Hassaan-ur-Rehman and Mudasar Nazar, as well as Ben Liver from the ICC, along with a few other specialists, assisted the Team to achieve their target.

"In 2008, during the cricket season, there were two to three fast bowlers who were reported for illegal bowling," said Muhammad Awais. "When the Pakistan Cricket Board were asked to verify such allegations, they had to do it manually. At that time, the PCB felt the need to build a proper lab, which would cater to such needs. This inspired the Board to buy

the necessary equipment needed for the development of such a facility."

However, it was only when, in 2016, Shahryar Khan became the Chairman of the PCB, that it was decided the Board will collaborate with a university for the construction of the Lab. After a lengthy process, the facility at LUMS acquired accreditation in 2019.

One of the distinguishing features of this lab is that it is the only permanent facility in the world; the rest are either semi-permanent, or the equipment is

shifted from one locality to another. In addition to this, the lab has conducted tests on nearly sixty players, where two of these were international cricketers.

To conduct the test, two types of camera are needed: Infra-Red Cameras and High-Speed Video Cameras. Once the markers are placed on the bowler's arm, his movements are captured by the cameras. Using a specialized software, "Nexus," the Team evaluates the bowling procedure. Accordingly, during the ball delivery point, the movement of the arm should not exceed fifteen

degrees to the horizontal, otherwise it will be considered a violation.

Currently, the Team is trying to utilize the equipment for different tasks and is currently experimenting with it as much as possible. It is being used for Gait Analysis, where the body movements recorded can help orthopedic surgeons as well as physiotherapists to assist their patients. The equipment has allowed the team to make small, animated movies on a limited scale. It is also being used to explore player injury, healthcare and physical fitness.

SWIMMING TEAM SELECTED TO REPRESENT HEC IN THE NATIONAL GAMES '19

by Hira Anwar

On 28th September, following the trials held in Karachi, a team of six LUMS students have been selected to participate in the 33rd Higher Education Commission Pakistan Intersarsity Swimming Championship.

Anaida Mittha, Mina Khan, Iman Aleem, Mariam Ali, Minahil Duraid Qureshi and Manizeh Hussain will be going to Islamabad to compete with students from universities across the country. They will travel with their coach, Mr. Rasheed Ahmed. The event is scheduled from 9th November to 14th November.

The Team has high standards to live up to, after last year's win at the HEC Intersarsity, where the females bagged the first position.

GIRL TRIO MAKES HISTORY: FIRST TO CROSS LUPAGHR PIR PASS

by Humza Siddique

"We held hands and sobbed as we crossed the pass."

Saba Haleem' 22, Mina Harris' 22 and Namra Nadeem' 21, made history as part of the first student expedition to cross the Lupaghr Pir Pass in the upper Hunza valley in Gilgit-Baltistan. The three girls were part of the 16 student expedition who made the ascent on 26th August, 2019.

These girls signed up for this summer trip as part of the extreme trip category. "I knew it was going to be one of the hardest things I would do because I had a major knee construction surgery last year," said Nadeem.

The girls emphasized on how it was challenging to maintain mental and physical coordination in movement. "The landscape was barren and the path was alternating between descents and climbs," said Harris. "Each step had to be quick."



Alongside the movement difficulties, the physical strain was also a highlight of the trip as quoted by the girls. Despite having porters accompanying them for the trek, the heavy bags made steep slopes an

"uphill" task. "We had to work out at the gym, a few times a week, in order to bear the weight," said Haleem. "This explains the shoulder pains," the girls laughed.

Lupghar Pir Pass

Distance 9 KM
Altitude 5210 m

Located to the west of village Lupghar in Gojal tehsil of Gilgit District

Guide name
Shams-ud-Din Bhai

From first campsite Kit Ke Zherav to the Pass
40km and 2000 metres ascent

60-70 litre capacity trekking bags

Expedition of 3 female and 13 male students

The girls commended the bonding opportunities on the trip, with fellow expedition members. "Campsites were lively and great fun. The boys were very supportive and there was no gender-based discrimination," said Haleem. Another favourable outcome of this feat was discipline. "We used to set off early at 4-5 AM and settled down at 5-6 PM for tenting," said Harris.

Abdullah Jehanzeb, Senior Officer at LAS, commented on the Executive Council's behalf, on how the girls showed immaculate resilience throughout the trek. "This is the sort of empowerment that LAS aims to provide to all women in our society," said Jehanzeb.

LAS and other student-run tourism clubs provide easier, less harsh travel opportunities but as Saba put it, "Willpower is the only prerequisite" to leap for the toughest adventure challenges.

If it matters to you, it matters to us.

THE LUMS POST

ENTERTAINMENT

OCTOBER '19



comic by
Emil Hasnain

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Send your letters to the editor at Letters may be edited for POSTLETTERS@OUTLOOK.COM purposes of clarity and space and should carry the writer's address, CNIC, and phone numbers

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